

The regi-
ment of life, where-
unto is added a treatise
of the pestilence, with
the Booke of Chil-
dren, newly cor-
rected and
enlar-
ged
by Thomas
Phaire.



The booke of Childzen.



I begin a treatise of the cure of childzen, it shoulde seme expedyent, that we shoulde declare somewhat of the principles, as of the generacyon, they being in the wombe, the tyme of procedynge the maner of the byrth, the byndyng of the nauyl, setting of the members, Lauatories vnctions, swathinges, and entreatementes, with the circumstaunces of these and many other: which if I shoulde rehearse in particles, it shoulde require both a longer time, and encrease into a greater volume. But forasmuche as the most of these thynges are very true and manifest, some pertayning onely to the office of a midwyfe, other for the reuerence of the matter, not mete to be disclosed to euery vile person: I entende in this booke to lette them all passe, and to treate only of the thynges necessary, as to remoue y sickeneses, wherw
the

the tender babes are oftentimes affected, and desolate of remedy, for so much as many doe suppose that there is no cure to be ministred vnto them, by reason of theyr weakenes. And by that vaine opinion, yea rather by a folishe feare, they forsake many that might be wel recouered, as it shal appeare by the grace of God hereafter, in this litle treatise, whē we come to y^e declaration of the medicines. In the meane season for continuitie of the matter, I entende to write somewhat of the nource, & of the milk, with the qualities, and complexions of the same, for in that consisteth the chief poynt and sum, not only of the maintenance of helth, but also of the forming of infecting either of the witte or maners, as the Poet Virgil when he woulde describe an vncurteis charlishe, and a rude condishioned Tyrant, did attribute the faulte vnto the geuer of the milke, as in saying thus.

Nec tibi diua parens, generis nec Dardanus auctor,

Perfide, sed duris genuit te cautibus horrens Caucasus, bircanæque admorunt vbera tigres.

rootes, Parsneps the dugges or bdder of a Cowe or a sheepe, Goates milke, blanched Almondes, kyce porrage, a Cowes tongue dyed and made in powder, potched eggs, Saffron, and the iuyce of roasted beale dronken.

Thus much of the nurse, and of the milke: now wyl I declare the infirmities of childzen.

Although (as affirmeth Plinie) there bee innumerable passions and diseases, wher vnto the body of man is subiecte, and as well may chaunce in the younge as in the olde: Yet for most commonly the tender age of chyldzen is chiefly vexed and greued with these diseases folowing.

Apostume of the bzayne.

Swelling of the head.

Scalles of the head.

Watching out of measure.

Terrible dreames.

The falling euill.

The palsey.

Crampe.

Stiffenes of limmes.

Bloudshoten eyes.

OF CHILDREN,

Watring eyes.

Scabbynesse and ytche.

Diseases in the eares.

Feasyng out of measure.

Wædyng of tæth.

Canker in the mouth.

Quinsye or swelling of throte.

Cough.

Streightnesse of winde.

Feblenes of the stomacke and vomitinge.

Pearyng or hicket.

Colike and rumbling in the guttes.

Flux of the belly

Stopping of the belly.

Wozmes.

Swelling of the nauill.

The stone.

Wyssing in bed.

Wrusting.

Fayling of the skynne.

Chafing of the skinne.

Small Pockes and Measels.

Feuers.

Swelling of the Coddes.

Sacer ignis or Chingles.

Burning

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